

Purple Belt 5th KYU Examination

Name :

Current Rank :

Belt Size :

Examiner :

Test Score :

Next Rank :

Legend : ➡ is forward movement
 ⬅ is backward movement
 Score : 1 = Poor 10 = Excellent
 Passing Score : 6 - 10

Kihon

Initial Stance	Ending Stance	Direction	Technique	Score 1 - 10	Comments
FS	FS	➡	Chudan Jun-zuki		
FS	FS	⬅	Jodan Age-uke Gyaku-tsuki		
FS	FS	➡	Chudan Soto-uke Gyaku-tsuki		
FS	FS	⬅	Chudan Uchi-uke Gyaku-tsuki		
BS	BS	➡	Shuto-uke		
FS	FS	➡	Mageri		
FS	FS	➡	Mawashi-geri		
KD	KD	➡	Yoko Ke-age (left/right)		
KD	KD	➡	Yoko Ke-komie (left/right)		
Overall Score :					

Kata - Heian Yondan

Stance		
Balance		
Power		
Rhythm		
Timing		
Transition		
Kiai		
Overall Score :		

Kumite - Kihon Ippon Kumite (Jodan/Chudan/Maegeri/Mawashigeri)

Stance		
Balance		
Power		
Rhythm		
Timing		
Fighting Spirit		
Combination of Technique		
Target Accuracy		
Overall Score :		

Physical Fitness and DOJO Etiquette

Sit-ups in 1 minute time		
Push-ups in 1 minute time		
Shuttle run		
One mile run		
Stretching		
Overall Score :		

Testing Summary

Additional Comments		
Number of Tournaments Paticipated In (6 - 12 months)		
Number of Dojo Events Paticipated In the past 6 - 12 months (ie: camp, seminars, clinics, etc.)		
Number of Out of Town Events Paticipated In the past 6 - 12 months (ie: camp, seminars, clinics, etc.)		
Overall Score :		