

For Purple Belt II (4th Kyu)
Traditional Shotokan Karate Association

Name: _____

Test Grade: _____


Current Rank: _____

Next Rank: _____

Belt Size: _____

Comments: _____

I. Kihon

	Initial Stance	Direction of Movement	Technique	Target	Ending Stance	Score*					
						1	2	3	4	5	
1.	ZE	⇒	Oizuki Sanbonzuki	J. x 1, Ch. x 3	ZE	1	2	3	4	5	
2.	ZE	⇐	Ageuke Gyakuzuki	J. Ch.	ZE	1	2	3	4	5	
3.	ZE	⇒	Soto Udeuke Enpiuchi Tate urakenuchi	Ch. Ch.	ZE KI	1	2	3	4	5	
4.	KI	⇐	Shutouke Kizami Maegeri Nukite	Ch. Ch. Ch.	KO ZE	1	2	3	4	5	
5.	FS	⇒	Maegeri Rengeri	X 3 Ch. x 1; J. x 1	FS	1	2	3	4	5	
6.	 FS	⇒	Mawashigeri Rengeri	X 3 Ch. x 1; J. x 1	FS	1	2	3	4	5	
7.	KI	⇔	Yoko geri keage <i>(Execute left and right sides X 3)</i>	✗	J.	KI	1	2	3	4	5
8.	KI	⇔	Yoko geri kekomi <i>(Execute left and right sides X 3)</i>	✗	Ch.	KI	1	2	3	4	5
9.	FS	⇒	Maegeri Yoko geri kekomi Gyakuzuki	Ch. Ch. Ch.	FS	1	2	3	4	5	

Stances: (ZE)-Zenkutsu-dachi; (KO)-Kokutsu-dachi; (KI)-Kiba-dachi; (FS)-Fighting Stance

Combination of technique

Stance	1	2	3	4	5
Balance	1	2	3	4	5
Power	1	2	3	4	5
Rhythm	1	2	3	4	5
Timing	1	2	3	4	5
Transition	1	2	3	4	5
Kiai	1	2	3	4	5

Pass

Re-Exam

Overall Score*

1	2	3	4	5
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*Score: 1.- Poor; 2.- Fair; 3.- Good; 4.-Very Good; 5.- Excellent

II. Kata
Heian Godan

Stance	1	2	3	4	5
Balance	1	2	3	4	5
Power	1	2	3	4	5
Rhythm	1	2	3	4	5
Timing	1	2	3	4	5
Transition	1	2	3	4	5
Kiai	1	2	3	4	5

Pass Re-Exam Overall Score*

1	2	3	4	5
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III. Kumite

Kihon Ippon Kumite;
3-Jodan, 3-Chudan,
3-Maegeri
3-Mawashigeri
3-Yokogeri

Stance	1	2	3	4	5
Balance	1	2	3	4	5
Power	1	2	3	4	5
Rhythm	1	2	3	4	5
Timing	1	2	3	4	5
Fighting Spirit	1	2	3	4	5
Combination of technique	1	2	3	4	5
Target Accuracy	1	2	3	4	5

Pass Re-Exam Overall Score*

1	2	3	4	5
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Recommendations/Comments:

Pass Re-Exam

Official Examiner: _____

*Score: 1.- Poor; 2.- Fair; 3.- Good; 4.-Very Good; 5.- Excellent